



## RESOURCE LIST: BOOKS BY DR. JAMES DOBSON

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*The resources listed below are in alignment with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, simply call our toll free number 1-800-A-FAMILY. You can also visit our Family Store at [www.family.christianbook.com](http://www.family.christianbook.com).*

### **5 ESSENTIALS FOR LIFELONG INTIMACY (Multnomah) • 317403 •**

Discover thoughtful, practical advice for singles, newlyweds or experienced veterans who want to build a relationship based on marriage essentials such as unswerving commitment, mutual respect, trust, persistent prayer, and lifelong love. This practical, hope-filled message will help you become "one flesh" in every way.

### **7 SOLUTIONS FOR BURNED OUT PARENTS (Multnomah) • 317410 •**

Dr. Dobson calls "routine panic" one of the tragedies of family life today. Learn how to slow the pace of life enough to enjoy each day, to nurture your marriage and family, and, above all, to develop a deep and meaningful relationship with the Lord. With even a few positive steps, you and your family can start moving away from a life of burn-out and toward a more fulfilling life of peace, rest, and harmony.

### **BRINGING UP BOYS (Tyndale) • 35266X — Hardcover • 304501 — Paperback**

This book offers advice and encouragement based on biblical principles specifically directed at parents of boys. Topics include: discipline, gender roles, adolescence, drug and alcohol use, sexuality, school, spiritual training and advice for single parents.

### **COMPLETE MARRIAGE AND FAMILY HOME REFERENCE GUIDE (Tyndale) • 52079 •**

This book is a collection of over 500 marriage and family-related questions and answers. It contains a compilation of principles and concepts drawn from Dr. Dobson's books and statements through the years, as well as a topical index and an index of scriptural references.

### **EMOTIONS: CAN YOU TRUST THEM? (Regal) • 32403 •**

Dr. Dobson shares practical guidelines to help the reader understand, control and channel emotions. Topics covered include guilt, romantic love, anger, God's will and impressions. Discussion questions are also provided.

### **A FAMILY CHRISTMAS (Multnomah) • 317427 •**

Illustrated by G. Harvey, this book includes some of Dr. Dobson's favorite Christmas stories such as "Country Memories," "A Time of Grace," and "Three for Tea," among others. Along with Dr. Dobson's commentary, the book also includes applicable Scripture and inspiring quotations.

### **A FATHER, A HERO (Multnomah) • 317434 •**

Make every day Father's Day! Whether it's a special gift or "just because," this beautiful book, filled with magnificent art by G. Harvey and the words of Dr. James Dobson, will show Dad how much you care. The uplifting true tales and moving illustrations combine to serve as a reminder that strong family ties are a blessing from the Lord.

### **LIFE ON THE EDGE: A YOUNG ADULT'S GUIDE TO A MEANINGFUL FUTURE (Multnomah) • 317441 •**

This book is directed at what Dr. Dobson calls the "critical decade" — when young adults aged 16-26 will make decisions that shape their lives. He addresses choosing a profession, steps to marital bonding and intimacy, building a lifelong love, respect, changing roles of adult children and parents, pornography, STDs, abstinence, parenting, discerning God's will, choosing a college, the importance of a relationship with Jesus Christ and more.

### **LOVE FOR A LIFETIME: BUILDING A MARRIAGE THAT WILL GO THE DISTANCE (Multnomah) • 520874 • Gift Marriage Edition**

Written especially for the engaged or newly married, this book highlights the fundamentals of a Christian marriage and reveals the keys to an enduring relationship. Insights are offered on how to "armor plate" a marriage in order to protect it against divorce.

### **LOVE MUST BE TOUGH: NEW HOPE FOR MARRIAGES IN CRISIS (Multnomah) • 317458 •**

Dr. Dobson addresses the phenomenon of disrespect in marital relationships and describes its role in the gradual drift toward divorce for millions of couples. The book is written not only for those on the brink of divorce, but also for anyone who seeks a better understanding of the complex interrelationships between men and women.

**MARRIAGE UNDER FIRE: WHY WE MUST WIN THE BATTLE** (Multnomah) • 317564 •

With the sense of urgency borne of commitment, Dr. Dobson sounds the clarion call to action for believers determined to protect traditional marriage. Learn how to present a reasonable argument for truth, and make your voice heard.

**THE NEW DARE TO DISCIPLINE** (Tyndale) • 05076 — Hardcover • 05068 — Paperback

In this revised and updated version of the earlier classic *Dare to Discipline*, Dr. Dobson offers far more than mere advice about raising boys and girls. This philosophy of child rearing will help parents understand their children and learn how to handle everyday challenges as they arise while balancing the two important concepts of love and control.

**THE NEW HIDE OR SEEK: BUILDING CONFIDENCE IN YOUR CHILD** (Fleming H. Revell) • 0756800 •

In this 25<sup>th</sup> anniversary edition of his best-selling book, Dr. Dobson offers 12 practical strategies for building self-esteem in children from infant to young adult. He counsels on the pain of inferiority, shaping the will without breaking the spirit, avoiding overprotection and maximizing educational potential.

**THE NEW STRONG-WILLED CHILD** (Tyndale) • 336222 — Hardcover • 313632 — Paperback

This book is devoted to the unique needs of the assertive, willfully defiant child who needs a special kind of understanding and discipline from his parents. The focus is on infancy through adolescence with discussion aimed at sibling rivalry, hyperactivity, self-esteem, and the most common errors made by frustrated parents.

**THE NEW STRONG-WILLED CHILD WORKBOOK** (Tyndale) • 303823 •

Appropriate for use by individuals or groups, this warm, humorous, commonsense program will encourage and equip parents as they apply the knowledge and guidelines from Dr. Dobson's *The New Strong-Willed Child*.

**NIGHT LIGHT: A DEVOTIONAL FOR COUPLES** Co-authored with Shirley Dobson (Multnomah) • 317496 •

Through brief daily devotions designed for couples to read aloud together, the Dobsons share their insights for creating a sound, satisfying, loving marriage. Each week features a different theme and an inspirational story and comments by Dr. Dobson. A Scripture verse and some brief thoughts make up each weekday's devotional entry, along with thought-provoking questions and a closing prayer.

**NIGHT LIGHT FOR PARENTS** Co-authored with Shirley Dobson (Multnomah) • 317519 •

This encouraging daily devotional gives parents spiritual wisdom and practical advice for effectively and biblically raising children. Taking 10 minutes or less to complete, the daily devotion includes applicable Scripture, the Dobson's commentary, helpful prayer, challenging questions and contributed stories. The book addresses 26 different weekly themes to encourage and coach parents.

**PARABLES FOR KIDS** Co-authored with Danae Dobson (Tyndale) • 302746 •

Kids will love reading this book of eight contemporary stories based on parables from Scripture, such as the Prodigal Son, the Persistent Widow, and the Good Samaritan. Following each story is a section by Dr. Dobson which helps youngsters understand how to apply the truth of the parable to life today.

**PARENTING ISN'T FOR COWARDS** (Word) • 317465 •

In this study-guide edition, Dr. Dobson offers specific advice to frustrated parents on the contest of wills between generations, the perils of adolescence, and the problem of parental burnout. This is a valuable resource for parents needing a "booster shot" of encouragement and some advice on raising children without unnecessary guilt.

**PARENT'S ANSWER BOOK** (Tyndale) • 87165 •

Designed for parents with kids of all ages, the topics range from fussy babies to living with teenagers and everything in-between. These sensible solutions to parental challenges will help parents build a healthy, God-honoring family. The topical Q-and-A format of this book makes for easy reference just when it is needed.

**PREPARING FOR ADOLESCENCE: HOW TO SURVIVE THE COMING YEARS OF CHANGE** (Regal) • 738260 •

This book will be helpful on the topics of greatest concern including inferiority, conformity, puberty, the meaning of love and the search for identity.

**PREPARING FOR ADOLESCENCE FAMILY GUIDE** (Gospel Light) • 738274 •

This workbook is designed for teachers, parents, and children to use in conjunction with the *Preparing for Adolescence* book. Each section includes questions, projects, assignments, and a special section for adults.

**ROMANTIC LOVE** (Regal Books/Gospel Light) • 732381 •

Is it love, or is it infatuation? Here is an open, honest discussion of what love is and what it isn't. Included is a section on the differences between sex within a marriage and sex outside marriage and questions and answers that explain the most common misconceptions about love. You'll find *Romantic Love* to be an honest, practical, hard-hitting guide to understanding real love.

**STORIES OF THE HEART AND HOME (Word/Multnomah) • 317472 •**

This book is a collection of previously published stories by Dr. Dobson which shares wisdom about parenting and human nature. Some of the topics include: humor, prayer, inspiring respect and obedience from teens, family communication, giving, discipline, commitment in marriage, facing adversity and living with purpose.

**STRAIGHT TALK: WHAT MEN NEED TO KNOW, WHAT WOMEN SHOULD UNDERSTAND (Word) • 317489 •**

Today's men feel assailed by complex and often contradictory demands. In this fully updated and revised edition, Dr. Dobson stakes a clear path through the confusion of men's roles — at every stage of adulthood.

**WHAT WIVES WISH THEIR HUSBANDS KNEW ABOUT WOMEN (Tyndale) • 78898 •**

Dr. Dobson reviews a survey on major causes of depression in women: low self-esteem, fatigue and time pressure, loneliness, isolation and boredom, and absence of romantic love in marriage. He also considers the causes of infidelity, the importance of the "straight life" and what husbands can do to ward off depression in their wives.

**WHEN GOD DOESN'T MAKE SENSE (Tyndale) • 82372 •**

Weaving together personal experiences and the wisdom of Scripture, Dr. Dobson offers great insight into the trials of life and how to cope with them. This book is written and addressed to those who have been left confused and disillusioned by life's difficulties.

**THE WONDERFUL WORLD OF BOYS (Tyndale) • 81077 •**

This book is a collaboration between Dr. Dobson and world-class photographers John C. Russell and Carl Yarbrough. The collection will warm your heart with its inspirational photographs, practical instruction and much-needed encouragement. Dr. Dobson shares humorous stories from his own experience and gives helpful tips for bringing up the next generation of men.