



## RESOURCE LIST: TEENS

*The resources listed below are in alignment with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, simply call our toll free number 1-800-A-FAMILY. You can also visit our Family Store at [www.family.christianbook.com](http://www.family.christianbook.com).*

### BOOKS

- 2 DIE 4: THE DANGEROUS TRUTH ABOUT FOLLOWING CHRIST** by Ryan Dobson (Multnomah) • 317530 •  
Ryan Dobson spells out the realities of the deadly spiritual battle we all face, providing clear guidelines for making life-and-death choices on a daily basis. He also deals with how to overcome the emotional struggles that accompany both failure and success.
- 2 LIVE 4: BORN TO BE WILD** by Ryan Dobson (Multnomah) • 317540 •  
Ryan Dobson reveals how to live the only life truly worth living — one that is filled with purpose, courage, love, and serving — and expands on living fully for God. Anything less isn't life.
- THE 10 COMMANDMENTS OF DATING** by Ben Young and Sam Adams (Thomas Nelson) • 60598 •  
Once you learn these 10 time-tested laws for avoiding the pitfalls of modern dating, you'll know how to create smooth and growing connections with others, while protecting yourself from the pain of unhealthy bonds. This fun and valuable guide delivers the truth about love, sex and relationships.
- BE INTOLERANT: BECAUSE SOME THINGS ARE JUST STUPID** by Ryan Dobson (Multnomah) • 317526 •  
Ryan Dobson presents the case for absolutes based on the Word of God by using examples that break through today's tolerance-at-any-cost atmosphere. Awaken to the world's desperate hunger for truth — and the church's duty to proclaim it.
- BEYOND BELIEF TO CONVICTION** by Josh McDowell (Tyndale) • 74094 •  
This comprehensive text presents rock-solid reasons to believe the deity and incarnation of God, the Bible and its reliability, the Resurrection, and provides the blueprint to live out those beliefs.
- BLOOM: A GIRL'S GUIDE TO GROWING UP** by Susie Shellenberger (Focus on the Family/Tyndale) • 70616 •  
From changing bodies, to dating and sex, to relationships, school, parents, money, appearance, eating disorders, and more, girls will find the answers they need to understand this time in their lives and what it means to become a godly woman.
- BOOM: A GUY'S GUIDE TO GROWING UP** by Michael Ross (Focus on the Family/Tyndale) • 970608 •  
Cuts through the uncertainties of your life and addresses all your questions — body, mind and soul — transforming you into the confident, godly man you want to be.
- THE CASE FOR A CREATOR: STUDENT EDITION** by Lee Strobel and Jane Vogel (Zondervan) • 4977X •  
You know that God created the universe — but how do you convince your teachers and classmates? Find reliable, substantiated evidence from science that backs up your faith.
- THE CASE FOR THE REAL JESUS: STUDENT EDITION** by Lee Strobel (Zondervan) • 283232 •  
As a former journalist — and a former atheist — Lee found all the evidence he needed to believe that Jesus is indeed the Risen Savior. Discover the truth about Jesus for yourself. After you've seen all the evidence, you'll know for certain who the real Jesus is.
- CHISELED: A YOUNG MAN'S GUIDE TO SHAPING CHARACTER, TRUE TOUGHNESS AND A LIFE THAT MATTERS** by Shaun Blakeney and Marcus Brotherton (Regal) • 746682 •  
This book is filled with wisdom to help young men live meaningful lives. It challenges you to integrate into your life the components of what it means to become a real man — things like chivalry, integrity, honor, self-control, and more.
- DO HARD THINGS** by Alex and Brett Harris (Random House Publishing) • 42112 •  
Combating the idea of adolescence as a vacation from responsibility, the authors weave together biblical insights, history, and modern examples to redefine the teen years as the launching pad of life. Then they map out five powerful ways teens can respond for personal and social change.

**FUEL** by Joe White (Focus on the Family/Tyndale) • 71213 •

Helps parents and teens connect in just 10 minutes a day with fun, fast, memorable stories, discussion starters, and life applications. Consists of five devotions per week for two years, a list of New Testament Scriptures to memorize, and a topical index.

**HOW TO STAY CHRISTIAN IN HIGH SCHOOL** by Steve Gerali (NavPress) • 834247 •

It is tough being a Christian in today's high school environment, but it's worth it. Learn how many teens in the Bible also faced monumental issues and how you can be encouraged by their examples.

**JESUS AMONG OTHER GODS: YOUTH EDITION** by Ravi Zacharias and Kevin Johnson (Thomas Nelson) • 42179 •

Have you ever heard somebody say that all religions lead to the same God? Or "it doesn't matter what you believe as long as you're sincere"? If you're not sure how you'd respond if you heard that from a friend, pick up this book.

**LET'S TALK!: GOOD STUFF FOR GIRLFRIENDS ABOUT GOD, GUYS, AND GROWING UP** by Danae Dobson (Tyndale) • 08187 •

Whether it's sex, eating disorders, family relationships or just being a teen, you'll find solid advice from someone who's been through the teen years and knows where you're coming from.

**LIFE ON THE EDGE: TIMELESS INSIGHTS FOR A NEW GENERATION** by Dr. James Dobson (Multnomah) • 317441 •

Teens can be better prepared for adulthood by reading Dr. Dobson's insightful book. Giving practical principles for making wise life decisions, Dr. Dobson defines the dangers young adults should watch out for and shares how to steer clear of life's "potholes."

**SECRET KEEPER: THE DELICATE POWER OF MODESTY** by Dannah Gresh (Moody Press) • 39729 •

Although the author understands that young women want to wear the latest in fashion, she wants to let girls know that they have a personal responsibility to maintain modesty. This book gives girls ideas in which they can unlock the mystery of modesty.

**SECRET POWER TO FAITH, FAMILY AND GETTING THE GUY** by Susie Shellenberger (Zondervan) • 56773 •

The biblical character, Ruth, was familiar with loss, pain and disappointment, but came to realize that true fulfillment came through God. Find out how God cares about you and your future and wants to lead you to a contented life truly complete in Him.

**STAND** by Alex McFarland (Focus on the Family/Tyndale) • 73538 •

Through humorous stories, McFarland encourages teens to build a foundation of faith that will stabilize their lives and help them take a stand for Christ. Key concepts of Christianity are presented in an easy-to-understand style.

**THE TEENAGE Q & A BOOK** by Josh McDowell and Bill Jones (Word) • 32327 •

With simple, biblical solutions, the authors of this book answer more than 230 questions about topics of interest to teens, including parents, self-image, peer pressure, friendship, dating, and more.

**TOTALLY GOD'S: EVERY GIRL'S GUIDE TO FAITH, FRIENDS, AND FAMILY (BTW, GUYS 2!)** by Megan Clinton with Dr. Tim Clinton (Harvest House) • 921282 •

Includes 17-year-old Megan Clinton's diary entries, peer comments, biblical teachings and insights from her dad, a Christian counselor. The authors share insights about fitting in, purity, body confidence, self-worth, relationships, school, family and more.

**TRIBE: A WARRIOR'S BATTLES** by Michael Ross (Focus on the Family/Tyndale) • 971884 •

Offers young men can't-lose strategies while being on the front lines of the battle for sexual purity. Plus you'll hear from guys who have won — NBA star A.C. Green and Ironman champion Joe Zemaitis.

**WHEN YOUNG MEN ARE TEMPTED: SEXUAL PURITY FOR GUYS IN THE REAL WORLD** by Bill Perkins and Randy Southern (Zondervan) • 77157 •

Written directly to teens in a frank, accessible and totally honest style to help them make decisions for sexual integrity. Discusses factors surrounding sexual temptation and presents a strategy for young men to lead pure lives.

**YOU'RE NEXT: OUTRAGEOUS STORIES FROM MY LIFE THAT COULD CHANGE YOURS** by Greg Stier (Tyndale) • 973718 •

Author Greg Stier grappled with questions about God, angels, heaven, and everything in between. Truth made Greg a crazy man for God, and here he shares his outrageous stories, which can lead you to the same radical love for Christ.

CDs

**"How to Get the Most Out of Life"** (Ken Davis) • 5008922 •

Ken Davis shares a humorous message on the importance of enjoying the life God has given you.

**"How to Know You're In Love" I, II (Dawson McAllister) • 5008897 •**

Dawson McAllister humorously but seriously expounds from I Corinthians 13 the difference between love and infatuation. Teens are instructed on how to build a good marriage.

**"Living and Laughing Together: A Message to Parents and Teens" I, II (Ken Davis) • 5008933 •**

An entertaining message, told from a parent's viewpoint, shares parental contradictory phrases, quirks, and incidents in raising children.

**"A Message to Teens About Sex" (Fran Sciacca) • 5008929 •**

In straightforward honesty, Fran Sciacca focuses on guy-girl relationships. His theme is that the relationships teens have never outlive the consequences of the things they do.

**"Thirsting for Wholeness" (Carol Anderson, Dr. James Dobson) • 5009092 •**

Carol Anderson tells an audience of college girls about her struggle with anorexia and bulimia, and how she found a solution to her eating disorders through Jesus Christ.

**"Understanding the Real Meaning of Love" I, II (Dr. James Dobson) • 5009122 •**

Dr. Dobson challenges the idea of "falling in love" and its relationship to the high divorce rate. He relates the ten most common misconceptions about the meaning of love.

*VIDEOTAPES, DVDs*

**"The Big Dig Apologetics DVD Seminar" • 5009767 • 2 DVD Set • 5 hours**

Lee Strobel, Sean McDowell, Mark Mittelberg, Frank Turek and Alex McFarland share their expertise in apologetics at the "Big Dig Apologetics Conference" at Focus on the Family – you can glean from their teaching from your own home via this 2 DVD set.

**"Drive Thru History: Rome if You Want To" with David Stotts • 972759 • DVD • 95 minutes • {CC}**

This isn't your typical tour of ruins and mothballed artifacts. Dave Stotts speeds through the ancient world with exciting graphics, on-site visits, and narration that's definitely outside the classroom. See how events from 2,000 years ago still affect our lives today.

**"Drive Thru History: Turkish Delight" with David Stotts • 972775 • DVD • 95 minutes • {CC}**

See how the book of Revelation gives glimpses of life in the start-up church and get insight on the showdown between Paul and Ephesian idol makers – all with the graphics that have made this series so popular.

**"Life On the Edge: When God Doesn't Make Sense" Volume 6 • 792748 • VHS • 49 minutes • {CC}**

Insight into the trials of life and how to cope with them is the focus of this presentation for teens. Dr. Dobson answers questions like: Why do good people suffer? Where is God in the midst of suffering? Does God care when a person feels abandoned and hurt?

*WEB SITE*

**Plugged In • <http://www.pluggedinonline.com>**

This Web site is designed to help parents and teens navigate today's trends in music and media.

*MISCELLANEOUS*

**MANGA MESSIAH by Hidenori Kumai (Tyndale) • 316802 • MANGA (pronounced "mahn-ga") is the Japanese word for comics.**

Appealing to kids and adults, readers will find this edgy rendition of the Gospel accounts both compelling and highly engaging. This cutting-edge art style is combined with fast-paced storytelling to deliver biblical truths to an ever-changing culture that is often a challenge to penetrate. Includes maps and character profiles of key Bible people (including the twelve apostles.)

*RESOURCE LISTS*

**"Christian Growth" • RL022 • Complimentary**

Recommendations for devotionals and other materials aiding Christian growth at all age levels are offered.

**"Depression" • RL046 • Complimentary**

Resources on the topic of depression and emotional healing are listed.

**"Summer Missions for Teens" • RL063 • Complimentary**

Organizations that offer missions programs are listed with addresses, phone numbers, and a brief description.

**"Testimonies" • RL051 • Complimentary**

This is a list of materials offering testimonies of Christian faith.

<i>REFERRALS</i>
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**Dawson McAllister Association**

P.O. Box 1835

Spring Hill, TN 37174

931/486-1515

800/394-HOPE (394-4673) — For teens in crisis (Sunday — Thursday, 7 P.M. — 5 A.M.; Friday and Saturday 7 P.M. — midnight CST)

[dmlive@theprayerroom.com](mailto:dmlive@theprayerroom.com) — E-mail

<http://www.theprayerroom.com> — Web site

<http://www.dmlive.com> — Web site

- This comprehensive youth resource ministry has a national radio show among its services.

**Josh McDowell Ministry**

P.O. Box 131000

Dallas, TX 75313

972/907-1542 x1352

972/669-4053 — Fax

[josh@josh.org](mailto:josh@josh.org) — E-mail

<http://www.josh.org> — Web site

<http://www.project911.org> — Web site

<http://www.beyondbelief.com> — Web site

- This ministry seeks to share the essentials of the Christian faith through live events, ministry resources and electronic media.

**Summit Ministries**

P.O. Box 207

Manitou Springs, CO 80829

719/685-9103

719/685-5268 — Fax

[info@summit.org](mailto:info@summit.org) — E-mail

<http://www.summit.org> — Web site

- This Christian leadership training center helps young people ages 16 and up to understand how their faith relates to their everyday lives and how to develop a biblical worldview.

**Teen Mania Ministries**

Ron Luce

P.O. Box 2000

Garden Valley, TX 75771-2000

800/299-TEEN (299-8336) — For information about Teen Mania

903/324-8100 — Fax

<http://www.teenmania.com> — Web site

- This organization exists to equip and train teens for evangelism.