



RESOURCE LIST: SINGLES

The resources listed below are in alignment with Focus on the Family's philosophy and mission. We trust you will find them helpful. If you would like to obtain any of these items, simply call our toll free number 1-800-A-FAMILY. You can also visit our Family Store at www.family.christianbook.com.

BOOKS

THE 10 COMMANDMENTS OF DATING by Ben Young and Samuel Adams (Thomas Nelson) • 60598 •

This book contains ten time-tested laws for avoiding the pitfalls of modern dating while creating healthy and growing relationships with others.

AM I THE ONE? CLUES TO FINDING AND BECOMING A PERSON WORTH MARRYING by James R. Lucas (Broadman & Holman) • 2573X •

This book helps the reader build a solid foundation, face the realities of relationships and marriage, recognize the right match for a good marriage, and take a serious look at life in the current stage.

AND THE BRIDE WORE WHITE: SEVEN SECRETS TO SEXUAL PURITY by Dannah Gresh (Moody) • 83442 •

The author uses interviews, stories, and her personal diaries to address many facets of sexual purity, expose lies about sex, explain how to break off sinful relationships, and provide guidelines for healing.

BEFORE YOU LIVE TOGETHER by David Gudel (Regal) • 32526 •

Half the couples who marry today will live together before the wedding. This book presents a compelling, loving, and biblical response that shows how the ancient blueprint for marriage is still the best.

BOUNDARIES IN DATING: MAKING DATING WORK by Drs. Henry Cloud and John Townsend (Zondervan) • 00342 •

Setting healthy boundaries in dating will make the journey from singleness to marriage safer, more freeing, and more self-controlled. This book helps singles handle relationships in an honest and careful way, bringing pleasure rather than heartache.

BOY MEETS GIRL: SAY HELLO TO COURTSHIP by Joshua Harris (Multnomah) • 521676 •

In part one, Joshua Harris defines the basic principles of "courtship." Part two deals with practical issues as courtship unfolds, growing closer while guarding our hearts. Part three concludes with how to move toward marriage in a God-honoring way.

DEFINE THE RELATIONSHIP: A CANDID LOOK AT BREAKING UP, MAKING UP, AND DATING WELL by Jeramy and Jerusha Clark (WaterBrook) • 65928 •

Every romantic relationship gets to the point where it needs to be defined. Learn how to communicate your feelings and expectations in an honest, God-honoring way.

FINDING THE RIGHT ONE FOR YOU: SECRETS TO RECOGNIZING YOUR PERFECT MATE by H. Norman Wright (Harvest House Publishers) • 65928 •

Helps people make choices leading to the kind of marriage they've always longed for. Offers answers to questions singles ask: How can I know if I'm in love? Where do I find a lifelong partner? How do I recover from a broken relationship?

THE FIVE LOVE LANGUAGES, SINGLES EDITION by Gary Chapman (Northfield) • 273875 •

Your deepest emotional need is to feel loved — and your greatest successes will be obtained by loving others. Chapman shows you how to do both effectively in situations unique to single adults — dating, roommates, classmates, co-workers, etc.

GET MARRIED: WHAT WOMEN CAN DO TO HELP IT HAPPEN by Candice Watters (Moody) • 458292 •

This is not a book about making the most of being single. It encourages single women to live like they plan to get married and shows how to embrace Christian community and work toward a God-glorifying marriage.

I KISSED DATING GOODBYE by Joshua Harris (Multnomah) • 521358 •

This book is an honest look at the process of seeking a mate. Joshua Harris explains the problems with dating and outlines five attitude changes which lead to "principled romance."

LIFE ON THE EDGE: TIMELESS INSIGHTS FOR A NEW GENERATION by Dr. James Dobson (Multnomah) • 317441 •

Directed at those in the critical decade between ages 16 and 26, Dr. Dobson offers invaluable information about marriage, occupational choices, and values at a time when young adults make decisions that shape the rest of their lives.

LOVE MUST BE TOUGH by Dr. James Dobson (Word) • 317458 •

For those who seek a better understanding of the complex interrelationships between men and women, Dr. Dobson offers hope through the philosophy of tough love. Chapter 15, "Loving Toughness for Singles," will be of special interest to the unmarried.

NOW AND NOT YET: MAKING SENSE OF SINGLE LIFE IN THE TWENTY-FIRST CENTURY by Jennifer Marshall (Multnomah) • 526491 •

You've read all the books, attended the seminars, and still Mr. Right doesn't seem to be on the horizon. While you wait, learn to make this season of singleness one of contentment and purpose instead of a holding pattern.

PASSION AND PURITY by Elisabeth Elliot (Baker Book House) • 58188 •

Very few books on dating have stood the test of time like *Passion and Purity*. Beloved author and speaker Elisabeth Elliot guides singles of both genders and of any age on how to put their love lives under the authority of Jesus Christ.

WHEN GOD WRITES YOUR LOVE STORY by Eric and Leslie Ludy (Loyal) • 523520 •

This is the story of Eric and Leslie Ludy's experience from the pain of one failed romance after another to entrusting God to author their romance. The emphasis is upon seeking hope, joy, security, wholeness, and fulfillment in Christ.

WHERE HAVE ALL THE GOOD MEN GONE? by A.J. Kiesling (Harvest House Publishers) • 920636 •

Uses stories, research, and observations from men to help single women understand their choices, their desires, and God's heart for their lives. Includes interviews with single women to help readers discover how to date in a godly, intentional way.

WORLD WIDE SE@RCH by Cheryl Green (WaterBrook) • 68838 •

Have questions about finding a relationship online? This comprehensive manual provides the tools you need to make the most of the thousands of options for love or friendship available on the Internet — safely and biblically.

CDs

"The Challenge of Finding the Right Mate" (Panel, Dr. James Dobson) • 50143642 •

This broadcast discusses the difficulty that black single women have in finding a mate; it also addresses the challenges that single men face. Panelists talk about the welfare system, gangs, and the need for masculine role models.

"God's Design for Intimacy" I, II (Rev. Tommy Nelson) • 5009152 •

Rev. Tommy Nelson, speaking before 3,500 singles, expounds upon God's plan for intimacy as found in Song of Solomon, including an explanation of why romantic sexuality within marriage is how love is to be lived out.

"How to Know You're in Love" I, II (Dawson McAllister) • 5008897 •

Youth minister Dawson McAllister expounds on the differences between true love and fleeting infatuation and helps singles understand the importance of choosing a mate.

"The Path of Endurance" (Elisabeth Elliot) • 5008906 •

Elisabeth Elliot tells about her courtship with Jim Elliot and answers such questions as "What am I living for?" She challenges listeners to submit their longings to God and wait for His best.

"The Search for a Godly Spouse" I, II (Alistair Begg) • 5008158 •

Radio host and Pastor Alistair Begg offers entertaining insight and a checklist for the most important characteristics to look for in a future spouse.

"Single or Single Again: What Now?" I, II (Lois Rabey) • 5008459 •

In this program targeted at women who have been widowed, divorced, or never married, Lois Rabey tells her personal story and talks about her book, *The Snare*, which encourages healthy male/female relationships.

"Solomon on Romance" I, II (Rev. Tommy Nelson) • 5008858 •

This program features Rev. Tommy Nelson speaking to a congregation at Prestonwood Baptist Church in Dallas, TX, on dating and courtship relationships based on the Song of Solomon.

"The Single Life" (Focus on the Family 30th Anniversary Broadcast Set) • 5008777 •

These broadcasts are chock-full of sound biblical advice for singles. Speakers tackle issues like dating and sexuality and finding and becoming the perfect marriage partner.

"To Date or Not To Date" I, II (Joshua Harris, Richard Ross, Dr. James Dobson) • 5008982 •

Joshua Harris, author of *I Kissed Dating Goodbye*, makes a sound biblical case for singles not to date until they are ready to pursue marriage. He presents five truths in the areas of love, purity, and singleness.

"God's Plan for Marriage" I, II (Eric and Leslie Ludy, Dr. James Dobson) • 5008943 •

Is there need for hope about marriage for singles? The authors of the book *When God Writes Your Love Story* listen and respond to a montage of pre-recorded clips from single adults.

"I, Isaac, Take You, Rebekah" I, II (Dr. Ravi Zacharias) • 5008889 •

In this message based on the story of Abraham sending Eleazar to find a wife for Isaac, Dr. Zacharias offers four considerations for selecting a mate.

"Sexuality and Singles" I, II (Elisabeth Elliot, Dr. James Dobson) • 5008965 •

In this discussion with Dr. Dobson about her book *Passion and Purity*, Elisabeth Elliot discusses sexual purity in the context of obedience and submission to the Lord.

"Single Adults" I, II (Dr. John Townsend, Dr. Henry Cloud, Dr. James Dobson) • 5009145 •

Specialists in counseling single adults look at the issues concerning the 27 to 35-year-old, never-married single who is discontented and doubting his/her ability to love and be loved.

"Singles: Dealing With Sexuality" I-III (Panel, Dr. James Dobson) • 5008992 •

An open and candid discussion addresses issues facing the older single who is struggling with unmet sexual needs, the desire for emotional and physical intimacy, and social messages implying singleness is a second-class lifestyle.

"When You're in Love" I-III (Joshua Harris, Dr. James Dobson) • 5008944 •

Joshua Harris encourages singles to trust God in their search for a marital partner instead of dating just to have a good time. He discusses what he learned in his time of singleness and how God's hand was in the process of meeting and courting his wife.

BOOKLETS

"Five Reasons You Need the Piece of Paper" (Focus on the Family) • 5007456 •

This booklet deals with the negative aspects of cohabitation. It dispels the myth that living together before marriage better prepares a person for marriage. Instead, living together undermines commitment.

"Tough Love for Singles" by Dr. James Dobson • 5007554 •

In this excerpt from the book, *Love Must Be Tough*, Dr. Dobson lists 16 suggestions to help singles build satisfying romances based on self-confidence and mutual respect and stresses that a bad marriage is worse than the loneliest instance of singleness.

WEB SITES

Focus on the Family Web site: College and Singles

• <http://www.family.org/lifestages/collegeandsingles/>

This web site offers information and resources related to college and singles.

VIDEOTAPES

"Life on the Edge: When God Doesn't Make Sense" Volume 6 • 792748 • 49 minutes • VHS • {CC}

Some situations are just too difficult to explain and can shake the very foundations of our faith. Dr. Dobson encourages his audience to hold on to the Bible's promises — even when not understanding them.

RESOURCE LISTS

"Materials for Men" • RL024 • Complimentary

The items on this list address the specific interests, needs, roles, and relationships of men.

"Pre-marital Materials" • RL033 • Complimentary

Those considering marriage will find informative and inspiring resources on this list.

"Selecting a Mate" • RL034 • Complimentary

This list offers resources on the subject of dating and courtship.

"Women-Related Issues" • RL011 • Complimentary

Materials suitable for women on a wide range of topics are included on this list.

REFERRALS

"Christian Single" Magazine

One Lifeway Plaza

Nashville, TN 37234-0140

615/251-2000

800/458-2772 — Customer service

christiansingle@lifeway.com — E-mail

<http://www.lifeway.com> — Web site

- This monthly publication ministers to single adults by addressing current events and lifestyle issues from an evangelical point of view.

The Singles Network Ministries

P.O. Box 1261

Garner, NC 27529

919-779-3686

919-434-3611

Kris@TheSinglesNetwork.org — E-mail

www.thesinglesnetwork.org — Web site

- This ministry helps churches, pastors and single adult leaders evaluate, develop and support their single adult ministries. This is accomplished through consulting, speaking, conferences, seminars, leadership development activities and a Web site.

Smalley Relationship Center (Dr. Gary Smalley)

1482 Lakeshore Drive

Branson, MO 65616

417/335-4321

800/848-6329

417/336-3515 — Fax

family@smalleyonline.com — E-mail

<http://www.garysmalley.com> — Web site

- This organization offers seminars, books, CDs, DVD-based small group curriculum, and other materials designed to strengthen marriages.